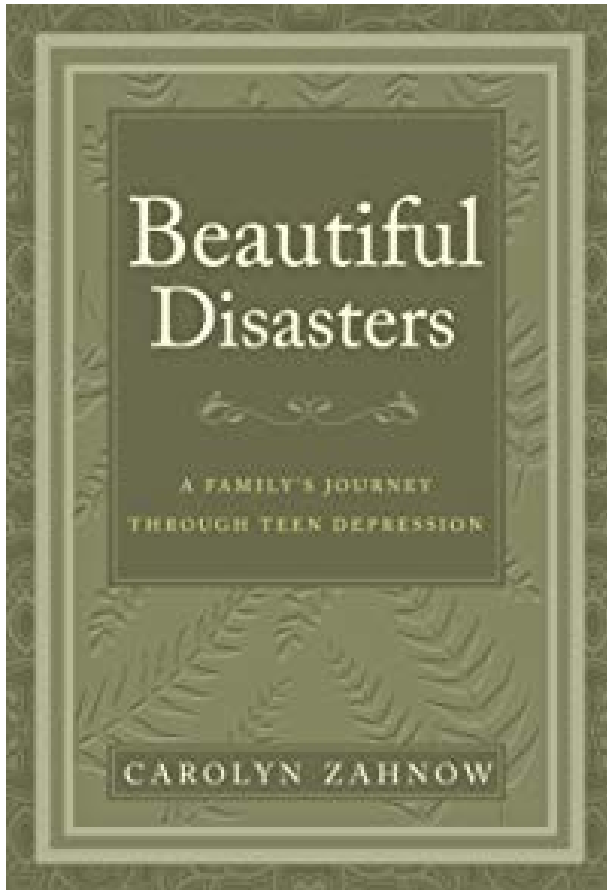


Beautiful Disasters - A Family's Journey Through Teen Depression



Author:	Carolyn Zahnow
Goodreads Rating:	3.75
Pages:	198
ISBN13:	9781628654028
Language	English
Published:	May 31st 2017 by Motivational Press
ISBN10:	1628654023

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[Beautiful Disasters - A Family's Journey Through Teen Depression.epub](#)

"Beautiful Disasters" is the follow up book to "Save the Teens: Preventing suicide, depression and addiction." It follows the life - and death - of Cameron who first experienced the death of his birth father at age 15.

He turns to alcohol and drugs to sooth his grief but it manifests into major depression. This is a first hand recount of a teen's spiral downward after a death.