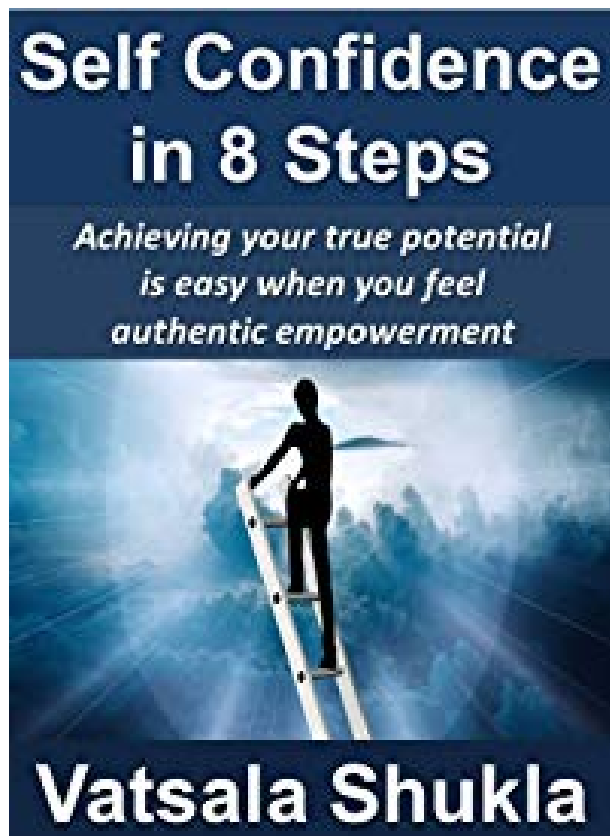


Self Confidence in 8 Steps



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This is the alternate cover edition of Self Confidence in 8 Steps by Vatsala Shukla with the unique ASIN number (B00W1CGY46). If you are struggling with low self-confidence and are a self-help individual, then I invite you to take the unique Karmic Ally Coaching Experience Self Confidence Course where you'll learn how to build your self confidence and self esteem so it stays built – in just 8 Steps! This ebook covers many exercises that I have used with my coaching clients to create higher self-confidence and to rid them of the roadblocks that arise in the course of their coaching engagement. If you are ready to show up in your best form and achieve your cherished goals, then open the book preview and take the quick self-assessment to understand where you are on the confidence spectrum and what's needed. That's your first step towards building your Self Confidence today with that 1 click.