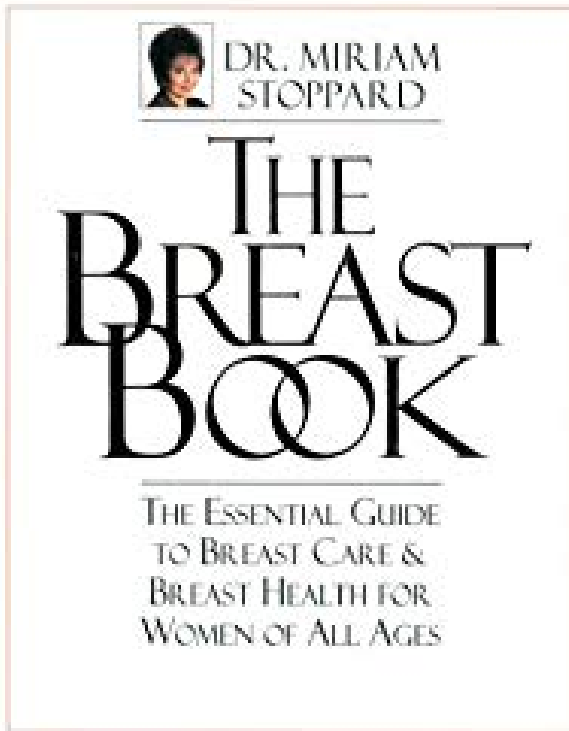


The Breast Book



Author:	Miriam Stoppard
Goodreads Rating:	3.92
Pages:	208
ISBN13:	9780679307792
Genre:	Health
Language	English
Published:	April 16th 1996 by Random House Canada
ISBN10:	0679307796

[The Breast Book.pdf](#)

[The Breast Book.epub](#)

The Breast Book presents a wealth of information, from the anatomy of the breast to its cultural significance and sexual character, from breastfeeding and breast self-examination to cosmetic surgery, benign breast changes, and breast cancer. In her uniquely sympathetic style, Dr. Miriam Stoppard gives indispensable advice on breast care at all stages of a woman's life—from early menstruation to menopause and beyond—with particular emphasis on the early detection and treatment of breast cancer. Writing with warmth and candor, Dr. Stoppard addresses women's fears, assumptions, and feelings about their breasts. With its expert guidance and up-to-date medical information, including a comprehensive list of useful Canadian organizations and support groups, The Breast Book offers every woman the confidence and knowledge to make informed decisions about the health of her breasts—and to take charge of her body and her life. With over 200 full-colour illustrations, sonograms, and charts, this important new book includes complete Canadian sources and the latest North American research.