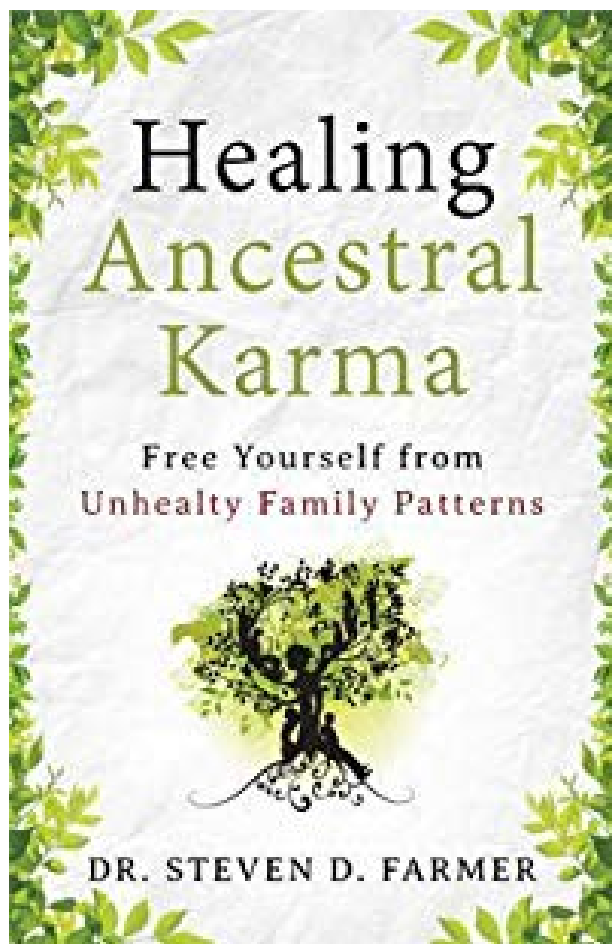


Healing Ancestral Karma: Free Yourself from Unhealthy Family Patterns



Author:	Steven D. Farmer
Goodreads Rating:	3.63
Pages:	256
ISBN13:	9781938289330
Genre:	Spirituality
Published:	November 1st 2014 by Hierophant Publishing
ISBN10:	1938289331

[Healing Ancestral Karma: Free Yourself from Unhealthy Family Patterns.pdf](#)

[Healing Ancestral Karma: Free Yourself from Unhealthy Family Patterns.epub](#)

Is it possible that you have inherited the karma of your family members? Could this explain why family members often go through the same trials and tribulations generation after generation? And if so, is there anything you can do to break the cycle? Bestselling new age author Dr. Stephen Farmer claims that each of us inherited karma.

If you come from a long line of saints and humanitarians, your life is probably pretty sweet. However, if you are like most folks, your forbears are probably a mixed bag of the good, the bad, and the ugly.

As a result, you are living with some appalling karmic consequences. This is a book that shows readers how to free themselves from the negative cycles of the past, and how to tap into the ancient wisdom of their ancestors! He explains: how to activate and awaken ancient cellular memory of interconnectedness with all beings how to heal hereditary traits and characteristics, such as DNA and cellular memory that have compromised physical, emotional, and mental health how to explore potential past lives No matter what your current spiritual philosophy or practice, you can tap into your ancestral spirit guide for guidance, teaching, and

healing.