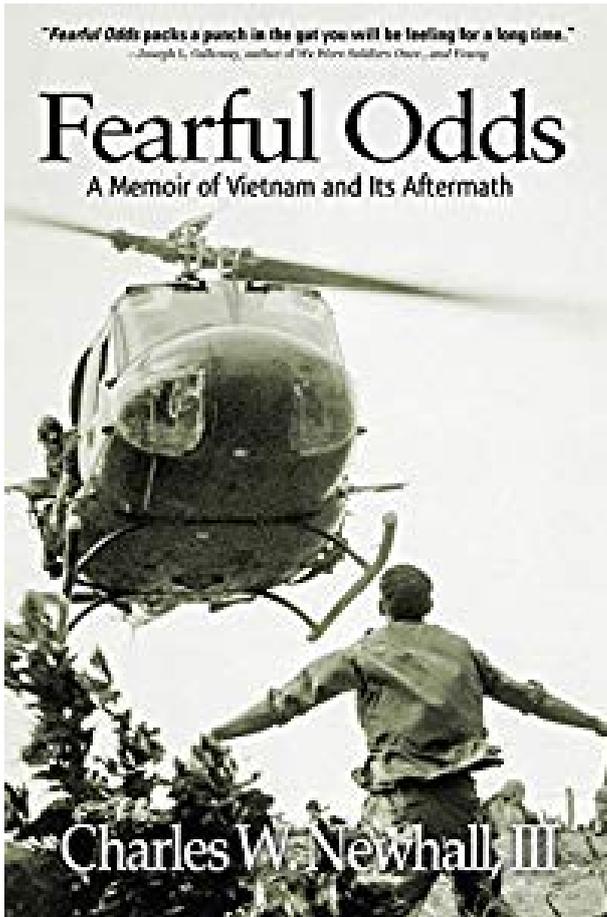


Fearful Odds: A Memoir of Vietnam and Its Aftermath



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[**Fearful Odds: A Memoir of Vietnam and Its Aftermath.pdf**](#)

[**Fearful Odds: A Memoir of Vietnam and Its Aftermath.epub**](#)

Fearful Odds is a no holds barred narrative told in three parts. It is the true story of a young Army officer, groomed for command and assigned to lead a platoon on a reconnaissance mission in the A Shau Valley, Vietnam in 1968.

An otherwise routine mission is complicated by the contradiction of an inept chain of command. The resulting casualties devastate the platoon and the graphic images and memories of the action and the grueling months that follow, lead Chuck Newhall to a lifetime of severe trauma, guilt, grief and anger. Returning home, Newhall embarks on an extraordinary entrepreneurial career bringing great wealth, prestige and security, despite severe episodes of depression and anxiety which would hobble others from achieving such levels of success. And yet a few years later, and seemingly without warning, the family that he had worked so hard to create and support is suddenly ripped apart by tragedy intensifying an emotional upheaval that revisits the pain and anguish he first felt during his time in Vietnam.

After decades of experience in managing the long-term effects of trauma and with the support of his family, Chuck Newhall has successfully come to terms with his past and the effects of PTSD. Fearful Odds offers hope, inspiration and valuable coping tools for anyone, or their families, who has been affected by

post-traumatic stress, depression, mild traumatic brain disorder or the suicide of a loved one. Fearful Odds is a story of perseverance in the face of insurmountable odds and will offer a guiding hand to others who are facing challenges on the battlefield, boardroom or back at home.

"Chuck Newhall's compelling narrative account of combat action in Vietnam takes you to one of the darkest hellholes on earth -- the A Shau Valley in 1968. Just when you thought that the war was over, Fearful Odds packs a punch in the gut you will be feeling for a long time." Joseph L.

Galloway, author of *We Were Soldiers Once...and Young* "If you care about America's warriors, and about how we as a society can help them come home after war, then you should read this book." Nathaniel Fick, author of *One Bullet Away* "The illuminating depictions of sessions with your psychiatrist Dr. Kaiser can be regarded as almost a manual for understanding PTSD and learning how to overcome it. However, unlike the majority of books on the subject, you explain how PTSD can be addressed via depictions of how your own efforts have succeeded to varying extents. Readers will learn far more from your book, which is "real life," than from others." Solomon H. Snyder, M.D. Distinguished Service Professor of Neuroscience, Pharmacology and Psychiatry, Johns Hopkins University