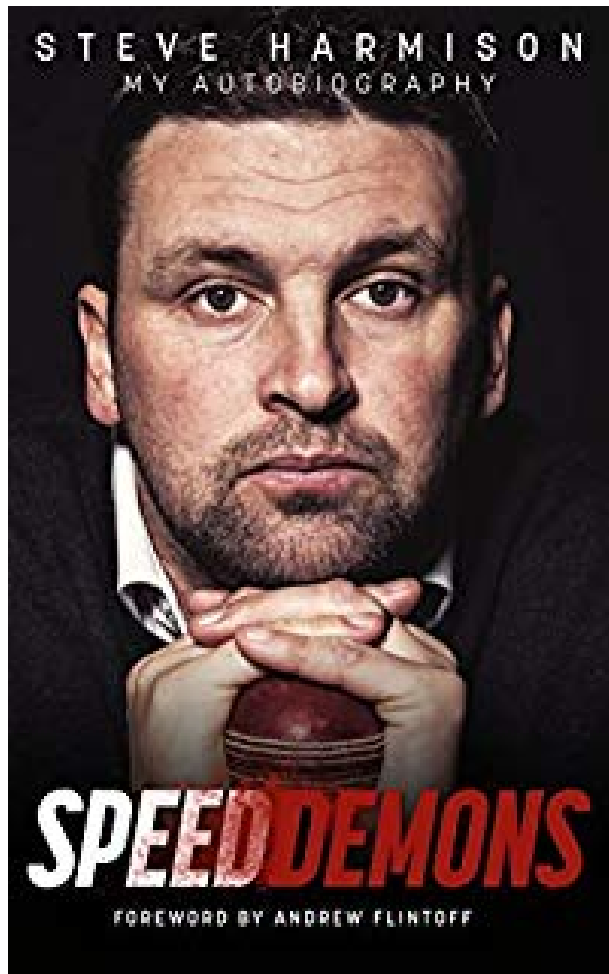


Speed Demons: My Autobiography



ASIN	B0721VHDKR
Author:	Steve Harmison
Goodreads Rating:	3.80
Pages:	344
Language	English
Published:	June 14th 2017 by Trinity Mirror Sport Media

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Steve Harmison is one of the most feared, explosive, and downright destructive bowlers England has ever produced. Yet he also stands as perhaps the most misunderstood cricketer of modern times. To the outside world, the tearaway quick was capable of causing cricketing chaos but there is a deeper – and far more interesting – story to tell behind the paceman who spearheaded one of England’s finest ever bowling attacks. And in Speed Demons, Harmison finally reveals the whole truth about a career plagued with a set of severe mental health issues that he felt he had to hide from England’s management in order to stay in the game. For the first time, Harmison tells the whole story and explains how he and best mate Andrew Flintoff helped each other get through the perils of playing the sport they love under an intense global microscope. Yet Harmison is a natural storyteller and he also describes in wonderful detail the highs as well as the lows, including the brilliance of the 2005 Ashes series, the ‘Harmison Arms’ and some of his hilarious tales about life on tour are likely to raise eyebrows and smiles across the cricketing world. Uncompromising, brutally honest and passionate, Speed Demons lifts the lid on the politics of the England and Durham dressing rooms and brings the life of a modern cricketer into stark focus. With 226 wickets in 63 Tests, Harmison’s statistics speak for themselves. Yet now is the time to finally hear from the man himself.