

# Anatomy of Spirituality: Portrait of the Soul



**Anatomy of Spirituality**  
Portrait of the Soul  
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The book's thesis is that the linguistic and logical brain sustains the concept of the soul - a metaphor for the psychobiological self - within the contrived framework of a given spirituality. The argument, a long essay in 35 chapters, focuses on two pivotal ideas: (a) The domain of spirituality, once separated from its religious overburden (author labels it doctrinality), consists of three essential ingredients—the psychological self, and the notion of spirit in two parts, the soul and some overarching Spirit; (b) it is the magic of the language, and the mirage of the psychological brain, driven by the neurological functions and subtle shifts - both in language and brain's chemistry - that generate and sustain a semblance of the transcendental sense. As the logical brain suppresses or ignores psychological details, its propensity to apply patterns, such as inversions and dichotomies, wins over the mind, essentially the symbolic representation of the brain. The consequence: the self poses as the soul, a flickering 'consciousness,' now in the material world and then believing itself as a manifestation of something higher. Because of the self's natural transitions and felt transformations, the linguistic brain is liable to accept any proposal (religious doctrinality) that suggests it is more than what it is - hence the embedding of the concept of the soul in the mind.