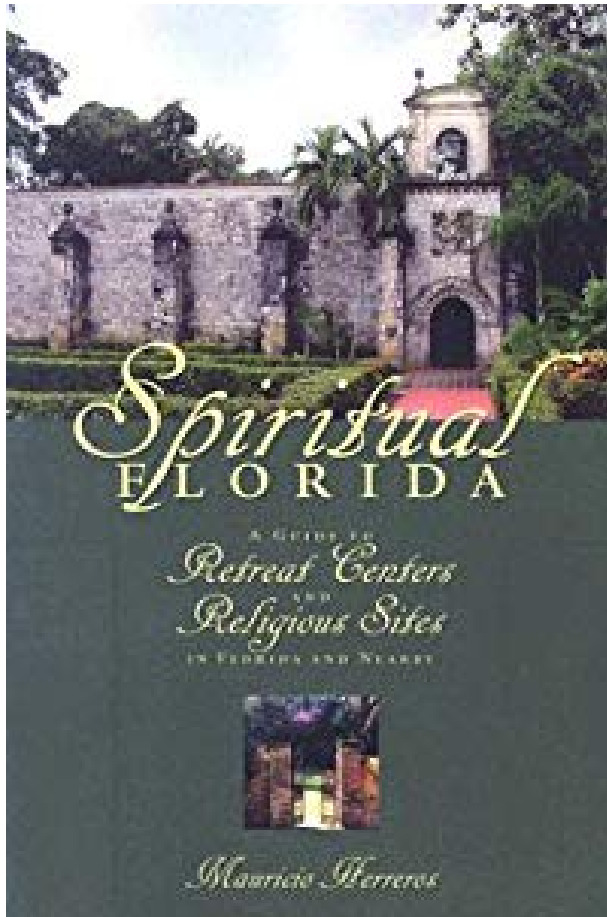


Spiritual Florida: A Guide to Retreat Centers and Religious Sites in Florida and Nearby



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Do you need a break from the demands and pressures of daily life? Spending a weekend, a few days, or even just an hour away from the world may be exactly what you need to renew your spirit. Going on spiritual journeys and retreats is not new-people have been going on pilgrimages and journeying to sacred shrines for centuries. Florida's modern options include monasteries, spiritual retreat centers, and unique religious sites in peaceful, secluded, and spiritually nurturing settings that you can enjoy individually or in groups.